## redbook

## 11 Babymoon Destinations You'll Leave Feeling Relaxed AF

Step away from the baby furniture assembly.

By **Samantha Lefave** May 4, 2017

Getting ready for a baby's arrival is the definition of stress. Between registries, nursery colors, and figuring out which diaper subscription service you want (yes, that's a thing), it's not out of the norm to feel totally overwhelmed. Which is why more and more couples are sneaking away to relax before that looming due date. Unwind at any of these stateside locations and head back home feeling rejuvenated and ready to get back to business.



Where to stay: The Inn Above Tide

You don't have to sacrifice a luxurious stay just because you prefer to relax in a boutique hotel. At least, not in Sausalito. Nestled just across the Golden Gate Bridge, with views of the San Francisco Bay (that you can enjoy from your private balcony), this coastal inn is the only Bay Area boutique and reserves a mere 31 rooms and suites to keep things private and homey. And because you need to get in as much relaxation as possible, ordering the Luxury Bath Kit is key. You'll get EO bath salts and a Voluspa candle, along with Pommery POP champagne (for him) and a soothing "Mother's Little Helper" blend from Davids Tea (for you). And since baths can get kinda boring after awhile, you'll also get local author Joyce Maynard's new book, along with local Munchies Candy saltwater taffy to satisfy those sugar cravings.